

What motivates university students to engage in learning computer skills?

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Abstract

In this paper, we present an approach to engage students in learning basic computer skills, in particular on text formatting. We developed a suite of computer tools that manage the direct interaction with students by assigning, correcting, and informing the students. The suite, called ACK, exploits a number of gamification techniques that are covertly inserted in the process. We present a survey of student reception on the effectiveness of these techniques.

Keywords

gamification, learning tools, user tests, office automation,

1. Introduction

ACK (Automatically Checking Know-How) is a suite of computer procedures designed to provide a large number of humanities students (history, foreign languages, philosophy, archaeology) with the computer skills needed to process written texts using a video terminal (office automation). Once acquired, these skills will be helpful to students during their university studies for writing essays and reports, preparing a final dissertation, and after graduation in the workplace. The procedure consists of a series of increasingly difficult exercises assigned daily by a specially developed automatic system. Students are expected to carry out the activities individually at home with their smartphones/tablets/PCs or at one of the locations made available by the University (computer classrooms, libraries, media centers). A software suite specially developed by the authors automatically corrects the activities to give immediate feedback to students and allow them to correct eventual errors. Among the goals of ACK, two important ones include making students aware of the existence of a range of open-source word processing software – *LibreOffice* and *OpenOffice* in particular – that can be a viable alternative to proprietary software, as well as capturing the attention of the students themselves by engaging them in a targeted activity through *gamification* techniques to increase involvement and motivation.

Gamification can be defined as the application of game dynamics and mechanics in non-game scenarios [1]. Since its emergence, it has established itself as a methodology with almost unlimited interdisciplinary applications [2]. In education, gamification can, for example, help generate an engaging environment that, when combined with effective teaching techniques, can


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enhance the learning experience [3, 4]. In the wake of these theories, several studies have shown empirically that gamification can be used in education to motivate students to learn and have fun while performing the activities assigned to them (learning by doing) [5, 6, 7]. Several findings highlight the potential of applying gamification with traditional and innovative methodologies in educational settings to improve students' overall learning experience, motivating, engaging, and pushing them to develop desired behaviors [8]. As such, gamification helps to improve students' learning and academic performance by simultaneously promoting positive behavioral and psychological changes that vary depending on the context and characteristics of the students under consideration [9, 10, 11].

The effectiveness of gamification in education and learning has been widely researched. However, its effectiveness in teaching computer science in an academic setting has not been fully explored [12]. Therefore, in this study, we aim to investigate how gamification techniques are useful in promoting student engagement in learning basic computer science skills. In particular, the impact of ACK will be assessed. This procedure is a combination of established technologies (e-mail communication, word processing) with a new software suite developed in Java and PHP for interaction management and outcome assessment. ACK has been evaluated in terms of users' responses to a number of gamification techniques that have been applied to the whole procedure. This kind of "covert" gamification takes the form of a series of automated tools that promote interactions among students, giving them control over learning progress, providing immediate feedback to their activities and involving them in the adjustment of difficulty in the proposed steps. In particular, we are interested in measuring the impact of gamification on student learning outcomes in terms of performance on exams, quizzes and specific tasks while measuring the spillover effect of various gamification approaches (such as player control, pathway to mastery, immediate feedback, etc.). Therefore, the objective of this research is to investigate the impact of gamification techniques in rendering the learning of basic computer skills more engaging and effective.

2. Gamification Framework

One of the goals of gamification is to transform boring and repetitive activities into something more fun and engaging, as games usually are. Points, badges, and leaderboards are part of the process, but fun and engagement require the design of a coherent game experience [13]. According to Werbach and Hunter [1], gameplay resembles a branching path where choices follow one another. To put oneself in the shoes of a game designer, it is necessary to consider problems like games and the people involved like players. The latter will be the center of the game and the universe created must revolve around them. For players to experience that they are in control they must have the ability to make choices (player control) by operating independently within, however, a set path (player journey) that unfolds within certain constraints and provides a quick response to players' actions (immediate feedback). Player control is a kind of "mind map" followed by the player and revealed to them as they progress. The player's path must be linear in order to have a beginning, a middle, and an end. There are three stages that characterize the player's evolutionary process: (a) **Onboarding** involves "catapulting" the player into the game so as to engage the player as quickly as possible. (b) **Scaffolding** incorporates a training

phase where the game is easier at first and becomes progressively more difficult as the player progresses through the game. The progressiveness with which the difficulty is modulated is designed not to halt the player's progress within their path at the beginning and not to bore them at a later stage when their skills are enhanced by experience. (c) The **pathway to mastery** is the third level and coincides with the attainment of mastery i.e., the highest degree of experience of the game and its dynamics. Thus, the creation of an immersive experience requires that the player is not a passive spectator but the protagonist of a truly immersive experience: this is where one of the most powerful emotional components of the experience comes in, namely the **fun** part of the experience, which ought to be an indispensable element in all the moments of the game [1].

The system-game can be regarded as a vast loop with repetitive and recursive structures branching off in different directions. In particular, there are two different types of loops to pay attention to: **engagement loop** and **progression loop**. The former operates at the micro level, impacting individual actions, while the latter operates at the macro level, impacting broad structures of the game. We will focus on engagement loops because they are more relevant for the purposes of this research. Among the various engagement loops we have identified: (a) **Motivation**: the game gives the user "something to do," some reason to feel motivated, perform an action, overcome a challenge etc. If the motivation is strong it leads to action. If the motivation is weak the loop is broken and another motivating factor emerges. (b) **Action**: the user initiates the action for the purpose of being rewarded and obtaining feedback. (c) **Immediate feedback**: the user understands the effect of his/her actions through a clear, direct and immediate feedback. This, in turn, becomes a motivating factor.

3. A Test on Computer Skills

In 2001, the Italian Government, with the introduction of Ministerial Decree no. 270, modified the organization of all undergraduate courses: at least 3 ECTS of "Computer Skills" are a mandatory part of the syllabus of any degree program, including the ones in humanities. Some degree programs have chosen to introduce courses in Foundations of Computer Science, assigning 6 – 9 ECTS, but many have remained with the minimum number of CFU/ECTS required by law. Thus, in the School of Human and Social Sciences and Cultural Heritage of the University of Padova, there are around 1200 students that need to certify 3 ECTS in computer skills every year. For these students, the most relevant computer skills involve the ability to properly manipulate text in digital form. Since the introduction of the DM270 regulations, study courses targeted by the project have provided 3 ECTS of Computer Skills, which have been assessed using a test based on a set of closed-ended questions inspired by the test for the *European Computer Driving Licence* (now International Computer Driving Licence). Until June 2018, about 11800 tests have been administered, assigning the ECTS to about 6700 students. Data analysis has shown an average pass rate of 60%, with the distribution of grades distributed in a roughly Gaussian shape with an average slightly above proficiency. This distribution can be partially attributed to the method of passing the test: since a mark of 18/30 is sufficient to pass, strong motivation toward learning content is needed to prepare and achieve 30/30. This is compounded by an average 30% absentee rate at the tests, a sign of low interest in the subject and in the overall structure of

the evaluation.

These data suggest a change in approach is needed. A new software suite – called ACK (Automatically Checking Know-How) – has been developed by the authors to manage the interaction with students and the evaluation of their activities. The new approach aims at increasing students' involvement and motivation. An initial pilot was launched in the 2017-2018 academic year with about 800 students enrolled. The success rate on the final test, which consists of doing again – this time in presence – five-six of the activities already done during the training, was 98% with an average absentee rate of 4%. After the initial experimental phase, the ACK suite of computer programs has been made available to all students of the School of Human and Social Sciences and Cultural Heritage of the University of Padova, using the following structure of the interaction.

ACK provides a daily assignment of an activity via email to each enrolled student. The automated message contains instructions for a layout activity, the contest in which the particular layout activity can be applied in a formal text, and an attached file on which to apply the layout. The file is automatically generated to be different for each student to limit the possibility of plagiarism. After receiving the email, the student can do the activity at any time during the day with his/her computer/tablet/smartphone, and send back the edited file to an auto responder. The responder analyzes the file, also checking for plagiarism, and sends the result to the student. If the activity is correct, ACK sends an acknowledgment of the positive accomplishment, together with a *tidbit of information* about computer science trivia; the student will receive a new activity the next morning. Otherwise, ACK sends a notification of an incorrect layout and the student can send a new file, possibly requesting help from teachers and colleagues through a dedicated forum on Moodle.

Each student can thus decide the pace at which to proceed with the activities, depending on his/her schedule (some do the activity as early as a few minutes after receiving it, others a few days later); the software thus allows for student-controlled progression, while still ensuring that each activity is corrected in real time. The activities are organized in ascending order of difficulty, so that an increase in skills is matched by an increase in effort. The interaction with ACK is paired with interaction through Moodle, the e-learning platform provided by the School. In particular, there are two forums: one on general issues (e.g., dates of exams, software to be used, curiosities about ACK) and another on individual activities, with a thread for each activity where students can ask for help by sending the file that ACK considered incorrect. The teacher replies within a working day to all questions, but students are encouraged to reply and help one another. Moreover, students can reach a personalized web page through a link in Moodle where they find the list of completed activities, the usage of all proposed formatting, the percentage of completed activities, and the expected time to finish the mandatory activities both by following the planned frequency of one activity a day or according to their actual pace. There are 60 mandatory activities. Since ACK sends a new activity every day apart from Sundays, the course can be completed in ten weeks, which is the average duration of in-person courses at the University of Padova. The figure below shows the flow of information between ACK and the student for each individual activity.

ACK is based on spaced repetitions, because it sends variation of the same layout at different times, usually with increasing difficulty. For instance, there are eleven activities on page formatting, starting from the simple insertion of page break to the complex use of three columns

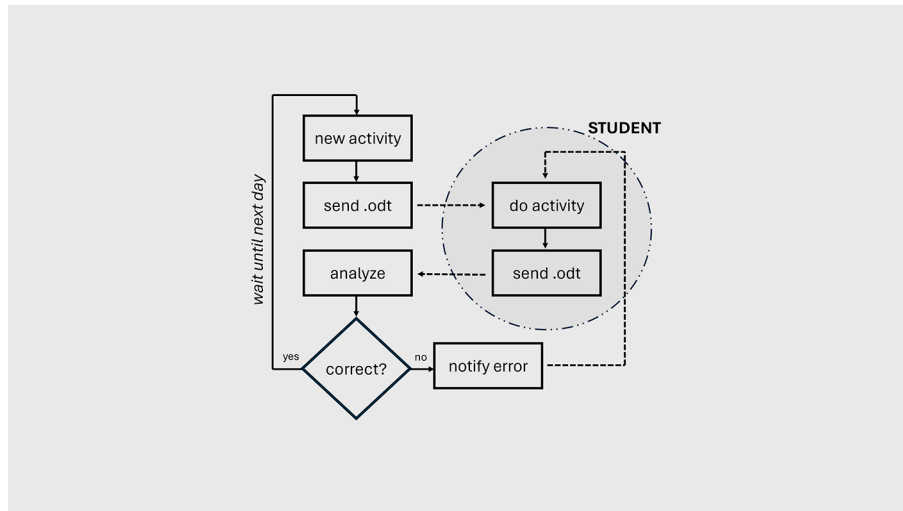


Figure 1: Flow of information between the system and the student

with different margins. There are, on average, four/five days between each variant of an activity. Students should then recall and repeat the required steps at different times during the course, consolidating their skills. To encourage regular pace, ACK sends a “reminder” email with the current activity when students are inactive for a number of days (reminders are sent at increasing time intervals, until ACK stops sending reminder after a month of inactivity). For instances, for the activities about list there are five different degrees of complexity: (a) create a bulleted list of at least three items, (b) create a numbered list, in Arabic numerals, of at least three items (c) create a numbered list, in Roman numerals, of at least three items (d) create a bulleted list of at least three items using an image (such as a blue star) as a graphic symbol to indicate the items (e) create a numbered list, in arabic numerals, starting with the number 7 (f) create a two-tiered list, the main one in Arabic numerals and the secondary one in letters.

4. Gamification in ACK and Its Effects

ACK implements several gamification techniques internally to increase student engagement. The use of gamification is not made explicit, because the procedure might not been taken seriously (both by students and colleagues). This section will illustrate the relevance and effectiveness of each method, measured through a survey conducted on 873 students by administering a set of questions with answers on a Likert scale with seven levels, from *totally disagree* to *totally agree*.

Questions in the survey were relevant to some gamification techniques exploited in ACK:

- **Player control and Immediate feedback:** The survey investigated students’ opinion about a daily assignment. A large portion of the participants, 311 out of 873, reported that they quite agreed with the frequency of assignments while the majority, 321 out of 873, completely agreed. A total of 88% of students were positive about a daily assignment. Moreover, the survey investigated students’ opinion about the possibility to undertake

the assignment at any time. Results were similar, with 321 students that quite agreed and 390 students that completely agreed, and a total of 92% of students positive about the immediate feedback at any time of the day.

- **Onboarding:** In order to join the enrollment list, students have to pass an “All Aboard” (“Sali a Bordo” quiz with a minimum score of 18/20, whose content concerns the functioning of ACK procedure). A student can attempt the test several times until the required grade is achieved; usually, three attempts are sufficient, and to date, all students have passed the test. According to the survey, most students considered the onboarding quiz a practical way to understand the nature of ACK and the correct way to enroll, as shown in Figure 2.

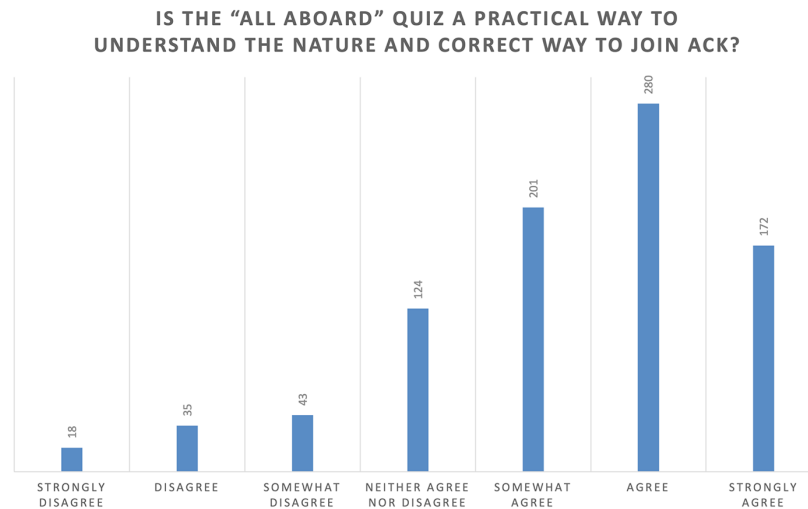


Figure 2: Results of student agreement on the effectiveness of the “All Aboard” quiz as a way to understand the different steps of the ACK procedure.

- **Scaffolding:** The first activities are very easy, making failure an unlikely option even for beginners. Moreover, similar activities are presented a number of times, with increasing difficulty, allowing for a cyclical consolidation of certain concepts. This approach runs the risk of becoming boring for the students if they perceive they are doing a repetitive task. Yet, the activities are more and more demanding, trying to find a balance between the acquired competences and the required effort. This keeps engagement in ACK high at all times, promoting a steady pace in performing the assigned tasks on the one hand and maintaining control of progression in the hands of the student on the other. Progression of tasks at increasing difficulty levels also appeals to the Achiever User, the choice to try additional activities appeals to the Explorer, while Socializers can enjoy completing ambitious and complex goals through collaboration. According to the survey, students appreciated the fact that new activities were based on previous ones, as shown in Figure 3.

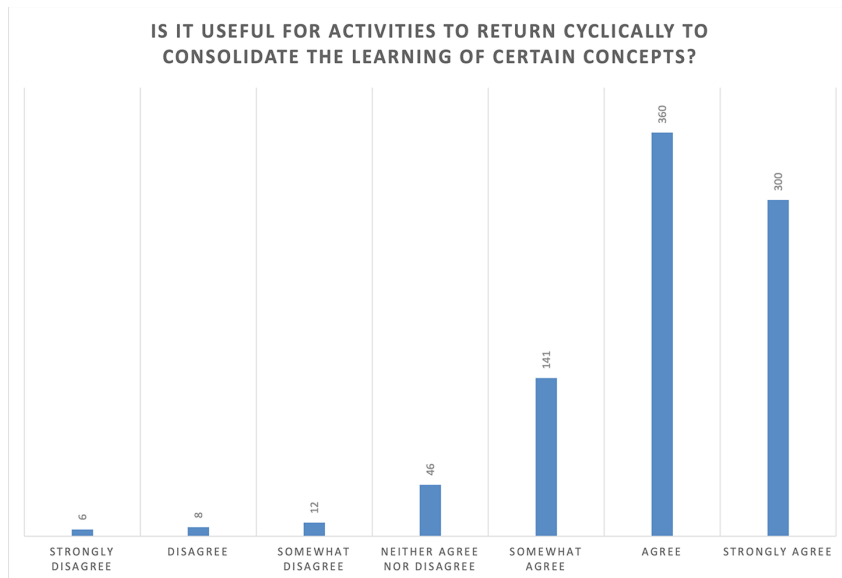


Figure 3: Results of student agreement on the usefulness of repeating some activities for improve memorization of procedures.

- **Pathway to mastery:** Due to how activities are sequenced, students feel progressively more competent as they perform increasingly complex activities. As previously mentioned, the first few activities are not particularly difficult, but the complexity gradually increases as activities progress, and students’ skills increase in turn. Data from the experimental phase show that the time to do individual activities remains virtually constant, even as they become progressively more difficult.
- **Meaningful choices:** ACK provides an explanation of the practical application (e.g., in the work environment) of each skill acquired. This information is reported in the mail that proposes the activity and in the personalized web page where each students finds his/her own progression. The survey highlighted that students appreciated receiving an explanation of how activities have practical applications, as shown in Figure 3. Moreover, the survey investigated whether students thought that the skill will be useful in the future; 86% of the students gave a positive answer to this question.
- **Collaborative problem-solving:** ACK provides two forums: one is dedicated to questions and discussions about the general operation of ACK; the other is devoted to issues encountered with individual activities. Within these communication channels, anyone can answer the question contained in a post, particularly students who have already solved the problem. The forums are considered an effective tool by 90% of the students, with 395 out of 873 strongly agreeing with the statement.
- **Fun:** ACK activities were not expected to be fun, since it is rather unusual that people enjoy text formatting. Yet students who pass an activity receive, as a sort of “prize”, a computer science tidbit related to the scientific and technological evolution of the discipline. The survey investigated the reception of this marginal aspect of the ACK

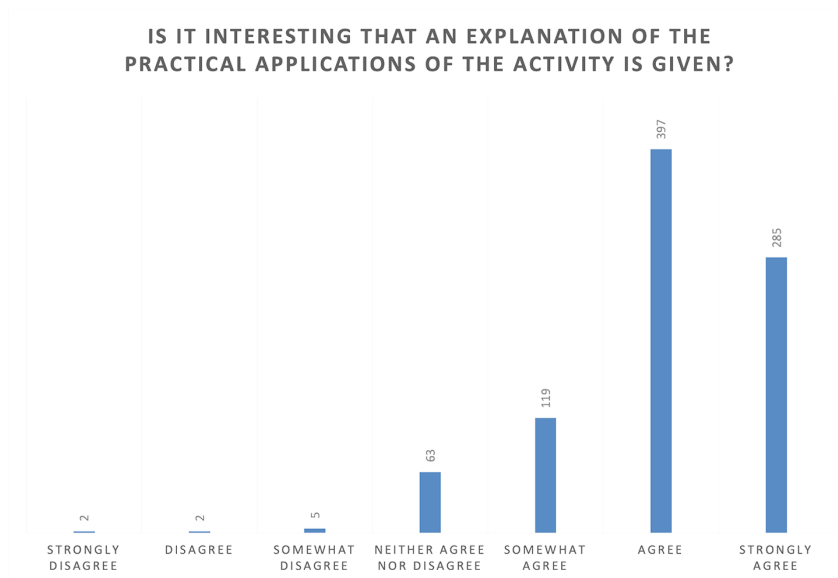


Figure 4: Results of student agreement on the usefulness of receiving an explanation of how the activities provide useful skills.

procedure, showing that 79% of the participants agreed with the statement that tidbits were interesting. Moreover, the final statement of the survey was even more direct, asking if doing the activities, although compulsory, was enjoyable. A somehow surprisingly majority of students, 69% of the participants, agreed with the statement even if only 135 out of 837 strongly agreed to the statement while 207 and 257 participants somewhat agreed respectively.

5. Conclusions

ACK has been designed and developed to manage, with a minimum amount of human effort, large numbers of students in a basic course on computer skills. Typically, more than 1000 students participate every year to the online course. One of the main issues of this kind of courses is to maintain high motivation in students, even without a direct interaction with teachers. To this end, we explored the application of a number of gamification techniques that, while granting the students' freedom of when and where performing the activities, provide an immediate feedback to their actions and creates a constant motivation by: suggesting a routine in the performance of the activities, reacting promptly at students activities, describing the usefulness of the requested tasks, giving some pieces of free (thus useless) yet pertinent information. A survey has been conducted on students' reception of many of the aspects of the ACK procedure. Results are really encouraging. The large majority of participants, on a seven-level Likert scale, were positive to all the gamification elements. As a concluding remark, when asked if they would have appreciated the introduction of gamification elements in the ACK procedure – described as badges, leaderboards, quests – the majority of participants was neutral (289 out of

873) while the others were almost equally distributed between pro and against the proposal (respectively 351 and 233) showing that explicit gamification techniques might not be a good choice in this context. ACK is developed as part of a doctoral project, we plan to make the source available for sharing with the scientific community after the PhD thesis has been defended.

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