# FU-TU-DFKI@eRisk 2025: A Linguistically Informed but Overdiagnosing Approach to Early Depression Detection

Notebook for the eRisk Lab at CLEF 2025

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#### Abstract

This paper describes the participation of the FU-TU-DFKI team in the eRisk 2025 Task 2, Contextualized Early Detection of Depression. We propose a hybrid approach that combines transformer-based modelling with linguistic and meta feature analysis. While our model achieved high recall, it exhibited low precision, resulting in an overall  $F_1$ -score of 0.29 in the official evaluation. We interpret this cautious behaviour as a tendency toward overdiagnosis. Beyond the technical system, we investigated the linguistic characteristics of user messages via corpus-linguistic methods, including Collostructional Analysis – a method for identifying statistically significant associations between words and grammatical constructions. Additionally, we examine the ethical implications of automated depression detection, and highlight the reductionist interpretation of complex affective utterances in such systems. Our submission emphasizes the importance of interpretability and caution in high-stakes, health-related NLP tasks, particularly when system performance remains limited.

#### Keywords

mental health, depression detection, transformer models, collostructional analysis, corpus linguistics, ethical NLP

#### 1. Introduction

Depressive disorder is a serious mental health concern, affecting around 280 million adults worldwide according to the World Health Organization (WHO).<sup>1</sup> The condition has an impact on all phases and aspects of life, such as relationships, school, or work, making it a major public health concern. Nevertheless, many cases remain undiagnosed, are self-diagnosed, or are diagnosed only after significant delays, often resulting in worse outcomes for those affected [1, 2]. Early detection of depressive symptoms can enable more timely support and intervention, potentially improving quality of life and reducing long-term suffering [3, 4]. However, structural and social barriers often prevent individuals from seeking help. Even in well-funded healthcare systems, access to therapy can be limited [5]. Furthermore, mental health stigma remains widespread, making open conversations about psychological distress difficult for many people [6, 7, 8].

As a consequence, many individuals turn to social media platforms such as Reddit to express their thoughts, connect with others facing similar struggles, or seek informal advice [9]. The anonymity offered by these platforms allows users to share personal experiences more openly than they might in

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https://www.who.int/news-room/fact-sheets/detail/depression

offline contexts [10]. This makes social media a valuable, albeit noisy, source of linguistic and emotional data. Since most interactions on these platforms are text-based, language plays a central role in the way emotions and psychological states are communicated. As more and more patients express themselves online, there is growing interest in using Natural Language Processing (NLP) techniques to detect patterns and markers associated with the condition in large-scale text data [11].

All of these challenges are at the core of this year's eRisk 2025 workshop [12, 13], specifically Task 2, *Contextualized Early Detection of Depression.* In this paper, we present our system for this task which includes the following contributions:

- two corpus-linguistic pilot studies, including collostructional methods, on lexical characteristics of the training data to identify patterns and markers associated with depressive language (Section 3);
- a hybrid pipeline that combines a transformer-based prediction model (MentalBERT), handcrafted linguistic features, and contextual meta-information (Section 4); and
- a brief reflection on the ethical implications of applying NLP to social media data for mental health research (Section 5).

#### 2. Related Work

Over the past decade, NLP has emerged as a powerful tool for studying mental health through language. A growing body of work has focused on extracting linguistic signals related to psychological wellbeing [14, 15], stress [16], anxiety [17, 18], schizophrenia [19, 20] and depression [17, 21, 22]. Among these, depression detection remains one of the most extensively studied applications. Shared tasks such as CLPsych and eRisk have driven methodological advances by providing annotated datasets and realistic evaluation settings for early detection [23, 24]. Systems developed for these tasks have explored a wide range of techniques, including keyword-based lexica, topic modelling [25], psycholinguistic feature extraction [26], and (deep) machine learning approaches, such as XGBoost or CNNs [27, 28].

Depression has also received particular attention from a linguistic perspective. Studies investigating linguistic markers of psychological distress have consistently reported correlations between depression and specific features, such as the frequency of first-person singular pronouns (FPSPs) [29, 30, 31], negatively valenced words [32, 33, 34], absolutist language [35], and a preference for past-tense verbs [36]. Among these, FPSP frequency has emerged as a particularly robust marker of depression, as found by a meta-analysis [37], and frequently reported both across analytical approaches [38, 39, 31] and languages [39, 31, 40]. This observation aligns with psychological theories positing that depression is associated with maladaptive self-focused attention schemas [41]. These studies demonstrate that linguistically grounded features, when integrated into NLP models, offer a scalable and transparent means of extracting mental health signals from user-generated content. In addition, they make it possible to monitor language use longitudinally and to identify early indicators of depression – even in the absence of explicit self-disclosure. However, challenges remain, particularly in achieving high precision and interpretability, and in addressing the (ethical) complexities of real-world deployment.

# 3. Linguistic Analysis

**Dataset** Both pilot studies were conducted on the official eRisk 2025 training data, which combines data from previous eRisk challenges in 2017, 2018 and 2022. It consists of the full conversational history of individual Reddit users, divided into a target group (henceforth POS) comprising depressed users, and a control group (henceforth NEG) comprising non-depressed users. The users in POS were selected based on statements disclosing a depression diagnosis; all posts containing such statements were subsequently removed from the dataset. For further information, see Losada and Crestani [42].

Table 1 provides an overview of the basic statistics of POS and NEG. NEG is roughly ten times larger than POS. This class imbalance is appropriate for statistical linguistic analysis, as the larger control group allows for more stable frequency estimates, provided that the NEG data reflects diverse and

representative language use. However, we acknowledge that Reddit does not reflect general population demographics or mental health prevalence, as discussed in Section 5.

**Table 1**Descriptive Statistics of the Cohorts

	POS	NEG
Total Number of Users	312	2,795
Total Word-Form Tokens	5,572,340	53,724,447
Mean No. of Messages per User	40.4422	33.0902
Mean Sentence Length	3.2414	2.7809
MSTTR (Segment: 1000)	0.0145	0.0088

POS users tend to have a larger posting history than NEG users. Moreover, while sentences overall are rather short, POS sentences are both longer and more lexically diverse<sup>2</sup> than NEG.

### 3.1. Pilot Study 1: First-Person Singular Pronoun Use

This study is motivated by FPSPs use being postulated as a robust linguistic marker of depression. First, we explore the relative distribution of I, followed by verbal associations with I in the two cohorts.

**Distribution of FPSPs** The lemma form of I – comprising I and me but excluding my and other forms of self-reference – occurs with a relative frequency of 4.81% (N=267,868) in the POS group and 2.50% (N=1,344,950) in the NEG group, confirming findings from previous studies. Deviation of Proportions (DP) was applied as a measure of dispersion. POS yields a DP of 0.48 and NEG 0.49, indicating uneven distribution in both groups, with a minor skew of POS towards greater evenness. Moreover, the FPSP I is absent from only one depressed user's (0.32%) posting history, compared to 216 users (7.73%) in the control group. This supports and strengthens the observation that FPSP usage in the depressed dataset is not only more frequent but also more evenly distributed, as reflected in a narrower range.

**Verbal Associations with** *I* **in POS vs NEG** To explore why FPSPs are more frequent in the depression data, we turn to a qualitative investigation of how users with and without depression predicate states and actions about themselves. We operationalize this as an analysis of verb associations with the FPSP. To do so, we extract all instances of the construction [I + VERB] – plus optional slots for one adverb and up to two auxiliary verbs – from both datasets. The lists of verb lemmas are submitted to two subtypes of CA, implemented via the collostructions R package [44].

**Collostructional Analysis** CA, developed by Stefanowitsch and Gries [45] (see also [46, 47]) is a quantitative approach that offers insights into co-occurrence phenomena at the form-function interface. It has been applied extensively to uncover systematic patterns in how lexical items associate with grammatical constructions across different languages and registers. Thus, this method offers insights into both structural properties of language and the cognitive mechanisms underlying its use, supporting research on mental health and language, as demonstrated in a recent study [50].

We apply Distinctive Collexeme Analysis (DCA) to measure the association of verbs with [I + VERB] in POS, and compare them against the association of verbs with the same construction in NEG. This allows us to determine verbal associations characteristic of each cohort, emphasizing their differences.

<sup>&</sup>lt;sup>2</sup>We used Mean Segmental Type-Token Ratio (MSTTR) to measure lexical diversity as it is insensitive to varying text lengths. <sup>3</sup>DP compares the expected distribution of a linguistic unit across corpus segments to the observed distribution, with 0 indicating perfectly even and 1 maximally uneven distribution [43].

<sup>&</sup>lt;sup>4</sup>CA is grounded in the theoretical framework of Construction Grammar, which assumes that linguistic units on all levels (words, morphemes, phrases, and sentences) are form-meaning pairings in the Saussurean sense, called *constructions* [48, 49]. <sup>5</sup>E.g., the English ditransitive construction [VERB + NP + NP] strongly attracts verbs of transfer (e.g., *give*, *send*, *offer*) while the caused-motion construction [VERB + NP + PP/AdvP] attracts verbs of placement (e.g., *put*, *place*, *throw*) [45].

**Results** Table 3, in Appendix A, displays the verbs most strongly, positively associated with each dataset (all p<.0001). A glance at the highest-ranking verbs reveals that POS strongly attracts verbs encoding negative sentiment (e.g., struggle, suffer, cry, lose), mental health-related verbs (e.g., diagnose, prescribe, hospitalize, misdiagnose), as well as emotion verbs (e.g., feel). In contrast, NEG strongly attracts verbs with more neutral sentiment (e.g., modify, see, think, mean, watch), indicating a more casual, conversational tone. A post-hoc sentiment analysis of the [I + VERB] constructions via NLTK's VADER [51], using the three polarity labels positive, negative, and neutral, confirms that negative sentiment is more common among the highest-ranking verb associations in the depressed cohort (18% in POS vs 8% in NEG). Additionally, we cross-examined the results from the DCA with a Simple Collexeme Analysis (SCA) that compares verb associations with [I + VERB] against their overall corpus frequency. We did this for each cohort in order to identify intra-cohort associations. Remarkably, nearly all of the top 100 collexemes are shared between the cohorts, and reflect neutral sentiment (see Table 6). Thus, although an independent analysis shows both groups are associated with neutral language, a contrastive approach reveals clear differences in affective characterization.

## 3.2. Pilot Study 2: Important Concepts

This study is motivated by two goals: first, to complement NLP methods for concept detection, such as topic modelling and TF-IDF, and second, to build on the preliminary finding from Pilot Study 1 that mental health-related verbs are characteristically predicated about the self in the depressed cohort. For this, we extract all word-form tokens from each cohort and compare the resulting word lists against a 440-million-word subset of the Corpus of Contemporary American English (COCA) [52]. In addition to this corpus-level analysis, we conducted KAs for each year in which users posted messages (2009 to 2021), in order to track lexical trends over time. While this does not inform early risk detection, it serves as a form of cross-validation to identify which concepts recur across years in the POS and NEG datasets.

**Keyword Analysis** Keyword Analysis (KA) is a corpus-linguistic approach to identifying tokens that are *key* in a given corpus. Like CA, KA is a transparent statistical method aimed at detecting words associated with a target corpus; in the case of KA, relative to a larger reference corpus [53]. When applied to highly specialized corpora – for example, comprising depression data – KA can reveal deviations from the lexical norms and conceptual patterns considered typical for the broader speech community represented by the control corpus.

**Results** Table 6, in Appendix C, displays the top keywords, indicating strong thematic differences between the datasets: POS shows an overrepresentation of first-person pronouns, along with affective (*feel, love*), mental health-related (*depression*) and clinical (*meds*) vocabulary. In contrast, NEG shows an overrepresentation of words related to financial and transactional discourse (*binance, wallet, account, cryptocurrency*). As expected, COCA keywords reflect more formal and informational language, comprising function words (*the, of, in*), including third-person pronouns (*his, he*), and proper nouns tied to political discourse (*president, national, united*). The association with function words reflects general patterns of natural language use, while the other salient categories likely stem from COCA's composition which is biased toward formal, written genres. All of these patterns are also reflected in the annual KAs: the most prominent keywords per cohort recur consistently across all 13 years. In addition, some overlap of genre-specific expressions<sup>8</sup> was observed in both POS and NEG, demonstrating how lexical choices are influenced by multiple factors, which studies on mental health and language must account for.

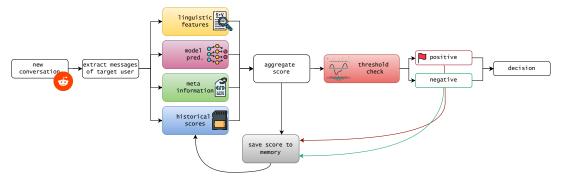
 $<sup>^6</sup>$ The research designs of both a DCA and an SCA are schematically illustrated in Table 5, in Appendix B.

<sup>&</sup>lt;sup>7</sup>The COCA covers eight genres (spoken, fiction, academic, newspapers, etc.) published between 1990 and 2019, and is widely considered to be a balanced corpus of present-day American English.

<sup>&</sup>lt;sup>8</sup>Including second-person pronouns (*you*), platform- and medium-specific expressions (*reddit*, *lol*, *haha*, *fuck*), as well as conversational markers (*thanks*).

# 4. Pipeline

Our pipeline is based on the predictions of a transformer-based [54] encoder-only model [55], the linguistic analyses, and metadata, either extracted directly from the incoming messages or inferred from the broader conversation context. We opted for an encoder-only architecture over a Large Language Model (LLM) due to its efficiency, interpretability, and compatibility with additional linguistic and meta features. The pipeline is illustrated in Figure 1.



**Figure 1:** The final pipeline. User messages are processed using a transformer-based model fine-tuned for binary classification (user is *likely* vs *not likely* to be diagnosed with depression). We extract the probability assigned to the *likely* class, and combine it with linguistic and meta features to make the final decision for each message.

**Model** For model predictions, we use MentalBERT [56], a BERT-based model [55] which was continuously pretrained on English Reddit posts related to mental health. This domain-specific pretraining allows the model to better handle informal language and topic-specific expressions. We fine-tuned MentalBERT on a balanced subset of our training data for a binary classification task: given a message, the model predicts whether the user is likely (*positive*) or not likely (*negative*) to exhibit signs of depression. Following hyperparameter tuning, the best configuration achieved an  $F_1$ -score of 0.63 on the positive class on a held-out validation set, reflecting the difficulty of the task.

**Features** For each new conversation, we retrieve the target user's messages in chronological order and extract linguistically motivated features based on the analyses. Specifically, we scanned each message for (a) instances where I was followed by a verb<sup>11</sup> associated with the POS group within a five-token window (see Pilot Study 1), and (b) for keywords associated with the POS group (see Pilot Study 2). Additionally, we incorporated a small set of meta-level behavioural indicators: (a) the *night writer* feature, which captures how frequently a user posted messages between 11:00 pm and 06:00 am, motivated by the established link between sleep disturbances and depressive symptoms [57, 58]; and (b) a sentiment classification pipeline based on a pretrained model from the Huggingface Transformers library, <sup>13</sup> given prior findings of increased negative sentiment in depression [59, 60] and in our own linguistic analyses. Both the linguistic and meta features served to bias the final decision of the system in case the prediction model was not confident.

**Decision Logic** To ensure stability and avoid unreliable decisions based on limited data, the system waits until a user has posted a sufficient number of messages before making a prediction. <sup>14</sup> The final decision integrates weighted model probabilities, linguistic features, and metadata through a threshold-based logic, as outlined in Appendix D. Upon receiving a new batch of messages from a user, we

<sup>&</sup>lt;sup>9</sup>https://huggingface.co/mental/mental-bert-base-uncased; MentalBERT was the best model in preliminary experiments.

 $<sup>^{10}\</sup>mathrm{A}$  subset of the eRisk18 T1 dataset [42] was included in the model's training set.

 $<sup>^{11}\</sup>mbox{We applied lemmatization}$  using the spaCy library  $^{12}$  to increase robustness by including inflected forms.

<sup>&</sup>lt;sup>13</sup>Using the default model https://huggingface.co/distilbert/distilbert-base-uncased-finetuned-sst-2-english with three labels, positive, negative, and neutral.

<sup>&</sup>lt;sup>14</sup>We set this threshold to 5 messages and require that at least 2 rounds have already been processed.

use top-k (with k=3) averaging to capture peak signals across their history while reducing noise, and combining these with historical scores to update the assessment, which is then saved to inform upcoming predictions.

### 4.1. Results and Preliminary Analysis of Error Sources

Table 2 presents the official evaluation results of our system, as provided by the task organizers. Due to hardware issues, our submission processed only 449 user threads out of the intended 1,280. The resulting

**Table 2** The results as provided by the task organizers, including precision (P), recall (R),  $F_1$ -score ( $F_1$ ), ERDE (5 or 50), latency of responses (latency $_{TP}$ ), speed, and latency-aware  $F_1$ -score ( $F_{latency}$ ).

P	R	$F_1$	$ERDE_5$	$ERDE_{50}$	$latency_{TP}$	speed	$\mathbf{F}_{latency}$
0.17	0.97	0.29	0.16	0.07	11.00	0.96	0.28

 $F_1$  score is 0.29, which is, unfortunately, to be found within the lower end of the participating teams' scores. However, the model demonstrated a high recall of 0.97, indicating that it successfully identified most users with depression. This came at the cost of very low precision (0.17), meaning the system overdiagnosed users and produced a high number of false positives. The early risk detection error (ERDE) scores [42] further reflect the system's cautious behaviour: with a latency $_{TP}$  of 11 messages, the model generally waited for a substantial amount of user data before making a positive prediction. While this helped avoid premature decisions, it limited the model's ability to detect depression early. This is also reflected in the low latency-aware  $F_1$ -score (0.28), despite an overall speed score of 0.96.

#### 5. Discussion and Conclusion

Our system for eRisk 2025 Task 2 sought to balance predictive performance with interpretability by combining a transformer-based model with linguistically motivated features. While the system achieved relatively high recall, low precision resulted in an overall  $F_1$ -score of 0.29. This outcome reflects our emphasis on avoiding false negatives in a high-risk domain, but also highlights the trade-off between sensitivity and specificity in early depression detection. Several design choices may have contributed to these outcomes: we relied on a single model with heuristically selected parameters and no uncertainty calibration. In future work, we aim to better integrate linguistic and contextual features to improve transparency and accuracy, as well as to explore ensemble approaches, LLMs, and more adaptive decision logic.

Independent of model performance, data limitations pose broader concerns in this domain: social media data lacks clinical validation, and demographic biases, such as the underrepresentation of older adults or individuals with limited digital access, reduce generalizability.

From an ethical perspective, we acknowledge that language-based models in mental health contexts are not neutral. For example, they encode assumptions about the relevance of emotional expressions, introducing an algorithmic biases whereby complex expressions of distress (e.g., *I cried*) may be pathologized or misinterpreted. While we incorporated such tools into our pipeline, we recognize their potential as well as their limited generalizability: apparent predictive accuracy may stem from superficial lexical cues, ultimately compromising model robustness. In our case, the sentiment classification pipeline, although treated with caution, proved particularly unreliable and may have introduced noise. Moreover, such biases raise ethical concerns about whose emotional registers are recognized and whose are overlooked [61, 62].

Building on these concerns, we propose a broader reframing of emotional language in mental health research: one that recognizes that linguistic expression is shaped by multiple contextual factors beyond mental health status, such as genre, interactional context, and communicative intent. Future research should incorporate these dimensions in both model design and evaluation.

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#### **Declaration on Generative Al**

The authors used Claude 3.7 Sonnet as a programming aid for the sentiment classification in the corpuslinguistic component. The analysis and interpretation of the results were carried out independently by the authors.

# **CrediT Authorship Contribution Statement**

Elif Kara: Linguistic Analysis (Conceptualization, Methodology, Formal Analysis, Investigation, and Data Curation); Writing – Original Draft (Related Work, Linguistic Analysis); Writing – Review & Editing; Supervision Rosa Esther Martín Peña: Ethical Analysis (Conceptualization, Methodology, Formal Analysis and Investigation); Writing – Original Draft (Discussion and Conclusion) Lisa Raithel: Machine Learning Pipeline (Conceptualization, Methodology, Software, Validation, Formal Analysis, Investigation, Data Curation, and Visualization); Writing – Original Draft (Introduction, Related Work, Pipeline, Discussion and Conclusion)

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# A. Pilot Study 1: DCA Results

This appendix (Table 3) displays the distinctive verb associations with the FPSP in POS vs NEG, the observed and expected frequencies, as well as the strength of association. The association measure is the G statistic from the log-likelihood ratio test, which compares observed co-occurrence frequencies against expected frequencies under the assumption of independence. This test is well suited for analysing linguistic data with uneven frequency distributions, which applies to the present datasets [63, 64].

**Table 3**Top 40 verbs associated with the linguistic construction [*I* VERB] in a DCA of POS and NEG, displaying observed (Obs) and expected (Exp) frequencies, as well as the G value of the log-likelihood ratio test.

	POS	;			NEC	3	
Verb	Obs	Exp	G	Verb	Obs	Exp	
feel	17,651	20,245	1,930.21	modify	3	464	
diagnose	103	390	889.01	see	3,897	5,301	
ovulate	6	90	332.26	think	9,897	11,678	
relate	307	473	278.39	mean	1,213	1,875	
start	7,450	8,058	275.87	watch	544	855	
struggle	699	888	209.53	hear	1,324	1,760	
suffer	218	338	203.65	agree	948	1,294	
try	14,592	15,279	194.84	read	1,028	1,370	
cry	554	715	187.03	run	319	517	
take	7,565	8,055	182.03	accept	113	244	
wish	5,281	5,657	151.58	believe	979	1,295	
lose	2,186	2,437	149.65	post	401	594	
date	156	238	135.92	pull	81	175	
want	21,003	21,669	132.60	expect	270	417	
experience	636	767	121.31	wonder	901	1,149	
work	4,539	4,846	118.14	like	3,037	3,461	
know	28,005	28,719	117.09	bet	213	342	
stop	1,730	1,921	110.03	check	300	448	
end	1,517	1,691	103.61	link	31	89	
prescribe	36	77	96.74	add	243	367	
need	10,291	10,684	91.46	suspect	92	168	
eat	1,579	1,735	82.39	remember	985	1,195	
tell	6,341	6,622	74.44	make	1,503	1,748	
smoke	316	389	73.19	sell	77	143	
sleep	586	676	67.67	guess	1,876	2,143	
become	886	993	65.82	ride	19	59	
regress	3	21	65.44	step	17	55	
develop	178	232	65.22	create	65	125	
break	594	682	64.31	doubt	273	382	
gain	230	289	63.47	buy	692	856	
live	4,536	4,755	62.29	disagree	114	188	
drink	667	757	60.73	stand	113	187	
spend	2,056	2,202	58.50	nod	11	43	
hate	5,689	5,920	56.52	grab	47	98	
deal	414	484	56.09	remove	46	95	
handle	191	240	52.43	own	97	162	
hospitalize	6	22	49.16	vote	49	98	
misdiagnose	3	17	48.06	assume	483	611	
abuse	20	41	46.78	write	355	464	
lack	100	135	45.37	point	54	103	
fail	407	468	44.51	search	58	105	

Table 4 displays the collexemes overlapping in SCAs of the two cohorts, as a baseline to the contrastive

#### Table 4

99 of the top 100 verb associations with [I VERB] overlap in SCAs of POS and NEG (all p<.0001)

Verb lemmas associated with both cohorts

think, feel, know, love, want, like, hope, see, try, guess, find, use, wish, need, start, say, hate, hear, wonder, agree, take, remember, look, believe, mean, tell, understand, read, live, miss, appreciate, ask, work, realize, notice, play, recommend, lose, buy, assume, enjoy, suppose, decide, spend, learn, make, doubt, watch, prefer, struggle, meet, put, plan, figure, give, imagine, keep, diagnose, end, wake, stop, bet, suggest, eat, consider, talk, post, leave, come, forget, move, dunno, cry, write, manage, experience, tend, relate, swear, expect, check, call, forgot, grow, sit, run, finish, pick, wear, drink, promise, fall, order, walk, pay, sleep, choose, suffer, turn

## B. Pilot Study 1: DCA and SCA Research Designs

This appendix (Table 5) illustrates the research designs of DCA and SCA. DCA assesses the association strength between a lexical item l and one construction  $c_1$  over another related construction  $c_2$ . In contrast, SCA assesses the association strength of a lexical item l with a construction c, relative to all other lexical items occurring in c and outside of it (lc).

Table 5
Schematic contingency table for DCA (left) and SCA (right) [65]

		1	L	
		l	!l	Total
с	c <sub>1</sub>	O <sub>11</sub> O <sub>21</sub>	O <sub>12</sub> O <sub>22</sub>	R <sub>1</sub> R <sub>2</sub>
	Total	$C_1$	$C_2$	Ν

		1	L	
		l	<u>!</u> l	Total
_	С	O <sub>11</sub>	O <sub>12</sub>	R <sub>1</sub>
С	!c	$O_{21}$	$O_{22}$	$R_2$
	Total	$C_1$	$C_2$	N

# C. Pilot Study 2: KA Results

This appendix (Table 6) provides the highest-ranking keywords associated with the datasets. As before, the association metric is the G value of the log-likelihood ratio test.

**Table 6** Top keywords associated with the datasets (all *p*<.0001)

POS	i, my, nt, me, you, it, m, just, do, like, lol, so, feel, ve, really, if, am, depression, get, shit, but, your, haha, re, have, etc, reddit, edit, myself, s, someone, thanks, fuck, pretty, meds, fucking, love, definitely, ca, op, honestly, because, awesome, anxiety, try, people, idk, self, can, want
NEG	reddit, binance, account, i, your, you, nt, cryptocurrency, exchanging, email, wallet, crypto, fuck, gt, my, discount, m, implies, it, referral, lol, register, amp, just, r, awesome, check, will, select, trade, if, approached, send, code, is, click, post, substantial, thanks, connection
COCA	the, of, in, his, he, says, by, said, president, percent, national, were, united, we, states, american, york, their, her, students, washington, million, political, new, government, among, state, john, bush, three, economic, from, toward, war, clinton, university, center

# D. Pipeline: Threshold-Based Decision Rules

This appendix provides the rule-based framework used to make final predictions, as introduced in the Pipeline section.

- 1. If  $\bar{p_k}$ , the top-k-averaged probability of the model, is below the lower-bound threshold  $t_{lower} = 0.4$ , the model seems not confident at all and we decide that the decision is 0 (no diagnosis; we do not check any additional features).
- 2. If  $\bar{p_k}$  is higher than a pre-defined threshold ( $t_{upper} = 0.8$ ) we deem the model confident enough and decide for 1 (diagnosis; again, we do not check additional features).
- 3. If  $t_{lower} \leq \bar{p_k} \leq t_{upper}$ :
  - a) If the user has  $n \leq 5$  messages or less than two rounds of conversation are available, we decide 0 due to insufficient data.
  - b) If the user has n > 5 messages *but* we processed fewer than 2 rounds of conversation for this user, we decide 0 due to insufficient data.
  - c) If the user has n>5 messages and there are more than 2 rounds of conversation available, we check the additional linguistic and metadata features. If relevant thresholds are exceeded (e.g., frequent night-time activity, presence of diagnostic verbs), we decide 1, otherwise 0.